



The **Feel Good Factor Enhance** programme offers tailored help to adults 18+ supported by the Chapeltown Neighbourhood Team and other professionals. Self referrals accepted.

Feel Good Factor Enhance can support people living in Chapeltown by:

- **Motivating and encouraging people to live independently in their own home by regular contact and home visits for up to 12 weeks**
- **Working together to develop a plan of action to self-manage health and wellbeing**
- **Helping to keep the home safe and making home safety referrals when necessary**
- **Support to access community activities and develop social networks**
- **Help to overcome obstacles to accessing support and information**
- **Working with other professionals to support people in the local community**

For more information please contact:
Beverley Lock: 07593 436607 or Soo Taylor: 07702 869453

Enhance Development and Support Workers

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