

MORE THAN JUST A COFFEE MORNING!

STAY CONNECTED, MEET PEOPLE, HAVE FUN
AND LEARN HOW TO STAY HEALTHY.



EVERY MONDAY

10:00 AM TO 12:00 PM

The Reginald Centre
263 Chapeltown Road
Leeds
LS7 3EX



EVERY WEDNESDAY

10:00 AM TO 12:00 PM

Woodhouse Medical Practice
Cambridge Road
Leeds
LS6 2SF



EVERY THURSDAY

10:00 AM TO 12:00 PM

The Polish Centre
Newton Hill Road
Leeds
LS7 4JE

